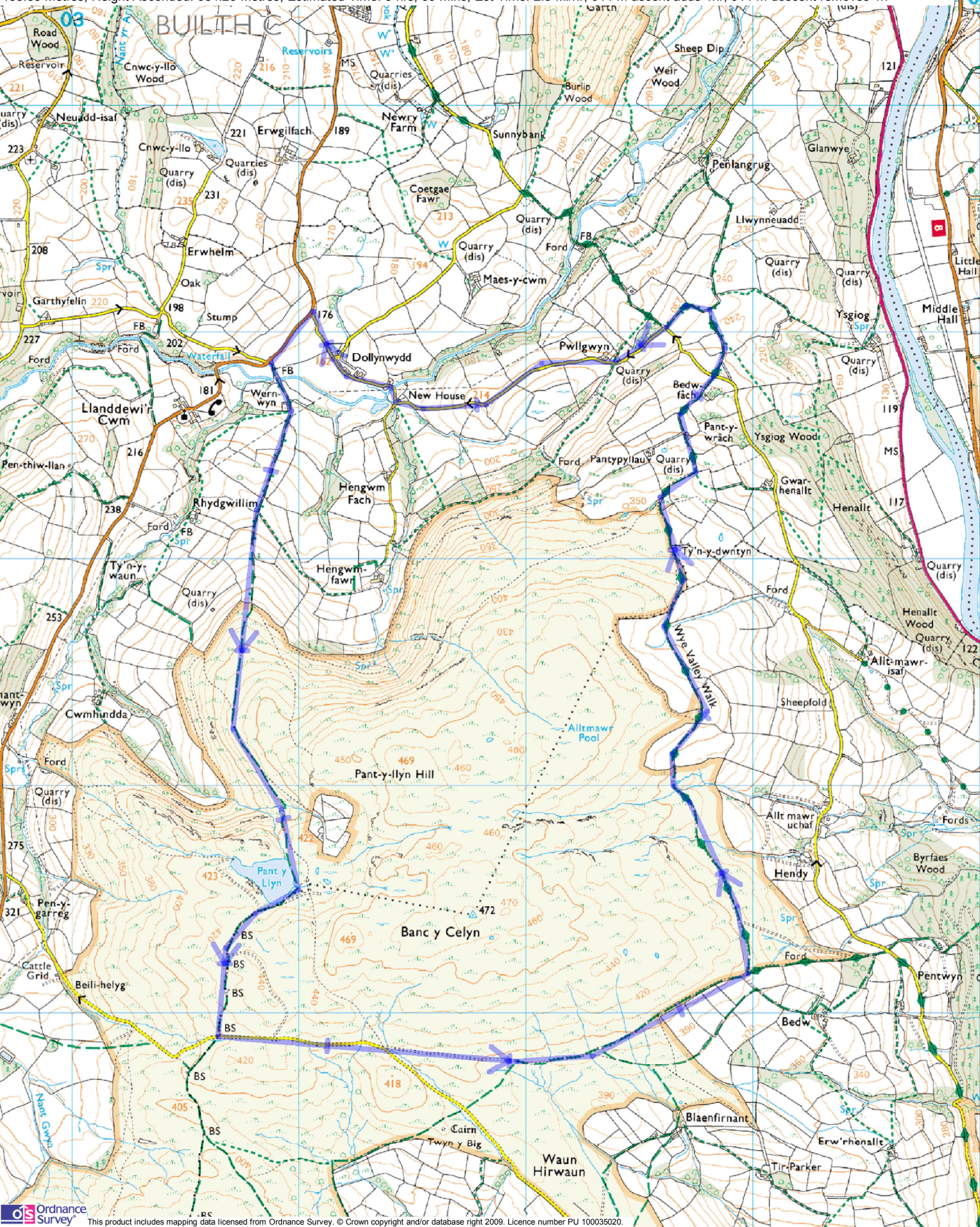
Anquet Maps 2009 www.Anquet.co.uk (Bottom Left - Top Right)-(SO 026 450-SO 070 506) Map printed at 1:20,000

Route: Walk 75 Map, Start Point: SO 040 490, End Point: SO 040 490, Flat Length: 7.09 Miles, Hidden Length: 7.12 Miles, Max Height: 431.05 Metres, Min Height: 158.58 Metres, Height Ascended: 384.25 Metres, Estimated Time: 3 hrs, 59 mins, Est Time: 2.3 Mi/hr, 914 m ascent adds 1hr, 914 m descent removes 1h

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